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# Event Agenda

8th Annual Millennial Social Work Conference

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## Friday, March 06, 2026

8:00 AM - 8:45 AM	<b>Check-In</b> Location: Henderson Student Center (second floor)
9:00 AM - 10:00 AM	<b>You're Not Dreaming Big Enough: Social Work Beyond Sessions</b> Location: Henderson Student Center (second floor)
10:15 AM - 11:15 AM	<b>Holistic Soul Care When the Mental Cost of Being a Social Worker is Too Much</b> Speaker: Tierra Sydnor-Diggs
10:15 AM - 11:15 AM	<b>The Million Dollar Social Worker Blueprint: Build, Believe, and Boldly Pursue Your Career</b> Speaker: Danielle Bailey
10:15 AM - 11:15 AM	<b>Reducing Stress and Brain Fog: Money Management Tools for Wellness</b> Speaker: BreAnna Bassett
10:15 AM - 11:15 AM	<b>Deconstructing Hustle Culture to Alleviate Perfectionism</b> Speaker: Christopher Bonner
10:15 AM - 11:15 AM	<b>Social Work Is Not Self-Harm: Make the SAVI Shift to Unlock Your Power, Purpose and Joy</b> Speaker: Nadine Boyne
10:15 AM - 11:15 AM	<b>From Practice to Paradise: Hosting Transformational</b> Speaker: Rikki McCoy, LCSW, Holistic Therapist
11:30 AM - 12:30 PM	<b>Centering ACEs and Cultural Resilience in African American Trauma-Informed Practice.</b> Speaker: Andre Charley
11:30 AM - 12:30 PM	<b>The S.P.I.C.Y. Framework: Reframing ADHD &amp; Redefining Leadership From the Inside Out</b> Speaker: Sandra Crespo
11:30 AM - 12:30 PM	<b>Healing From the Inside Out: Sankofa-Inspired Practices for Trauma Recovery and Emotional Mastery</b> Speaker: La'Toya Edwards
11:30 AM - 12:30 PM	<b>Dollars and Sense: A Social Worker's Guide to Reimbursement Trends and the Business of Behavioral Health</b> Speaker: Tiffany Tait-Moss, LCSW, PMP, LSSBB
11:30 AM - 12:30 PM	<b>Reimagining Communities and Schools Reimagining systems and policies through innovative approaches</b> Speaker: Amani Moore
11:30 AM - 12:30 PM	<b>From Burn Out To Bank: The mindset, strategy and skill set every Social Worker needs to thrive and redefine what success looks like in the current economy</b> Speaker: Kiyona Brown
12:30 PM - 1:45 PM	<b>Lunch</b> Location: Henderson Student Center (second floor)
1:45 PM - 2:30 PM	<b>Keynote Address</b>

<b>2:45 PM - 3:45 PM</b>	<b>Black Face, White Space: Imposter Phenomenon, John Henryism, and the Black Superwoman Schema</b> Speaker: Onoriode Ewwaraye
<b>2:45 PM - 3:45 PM</b>	<b>AI development and implementation in Systems Theory, Critical Theory, and the Social Disability Model</b> Speaker: Christopher Grant
<b>2:45 PM - 3:45 PM</b>	<b>Real Humans, Real Boundaries, Real Tech: A Private Practice + AI Framework for Sustainable Mental Health Care</b> Speaker: Dr. Nytasia Hicks
<b>2:45 PM - 3:45 PM</b>	<b>Good Intentions, Unethical Impact: Over functioning in Care</b> Speaker: Dr. Stephanie Hall
<b>2:45 PM - 3:45 PM</b>	<b>Mind Your Money: Transforming Your Mindset for Business Profitability and Financial Freedom, Chassidy Grady, LCSW, IRS Enrolled Agent</b> Speaker: Chassidy Grady
<b>2:45 PM - 3:45 PM</b>	<b>Behind the Smile: Assessing High Functioning Depression and Anxiety</b> Speaker: Kamilah Thomas
<b>4:00 PM - 5:00 PM</b>	<b>Self-Medication Nation: Understanding Addiction in Everyday Social Work Practice</b> Speaker: Nini Varner
<b>4:00 PM - 5:00 PM</b>	<b>From Casework to Culture: Practicing Trauma-Informed Leadership</b> Speakers: Letisha McCall, Alicia James
<b>4:00 PM - 5:00 PM</b>	<b>When Medicaid Money Stops: How to Keep Mental Health Behavioral Services Alive</b> Speakers: Ebony Hull, Penny Willis
<b>4:00 PM - 5:00 PM</b>	<b>Care Before Crisis: Centering Maternal Health to Prevent Child Welfare Involvement</b> Speaker: Vonee Hill
<b>4:00 PM - 5:00 PM</b>	<b>Take Your Own Advice: How Clinicians Can Take Self-Care Beyond a Bubble Bath</b> Speaker: Jennifer Hughes
<b>4:00 PM - 5:00 PM</b>	<b>Growing Future Social Workers: Practical Strategies for Field Education</b> Speaker: Melissa Hunte

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## Saturday, March 07, 2026

<b>8:00 AM - 8:45 AM</b>	<b>Check-In</b> Location: Henderson Student Center (second floor)
<b>9:00 AM - 10:00 AM</b>	<b>Connected Minds &amp; Collective Healing in Black Communities</b> Location: Henderson Student Center (second floor)
<b>10:15 AM - 11:15 AM</b>	<b>“Healing Through the Therapist’s Chair: Releasing Wounds to Embrace Change”</b> Speaker: Kimberly Ward
<b>10:15 AM - 11:15 AM</b>	<b>Wombs, Work, and Wellness: Rebirthing Ourselves as Social Workers</b> Speaker: Dr. Shaenor Ishmael
<b>10:15 AM - 11:15 AM</b>	<b>Is it you, or is it the job? Likely, it’s both!</b> Speaker: Alandra Chuney Jackson
<b>10:15 AM - 11:15 AM</b>	<b>Strengthening Self-Efficacy in Social Workers Amid Today’s Social Climate: Finding Your Way Back from Compassion Fatigue,</b> Speaker: Melissa Adrienne Jackson Jackson

<b>10:15 AM - 11:15 AM</b>	<b>Burnout, Boundaries, and Black Joy: Protecting Mental Health While Doing Justice-Oriented Work</b> Speaker: Kenshara Cravens-Knoxson
<b>10:15 AM - 11:15 AM</b>	<b>The Savior Trap: Reimagining Power and Equity from the Inside Out</b> Speaker: Destiney Kinsey
<b>11:30 AM - 12:30 PM</b>	<b>The Unlikely MSW: Finding Our Field in Unexpected Places</b> Speaker: Adrienne Williams
<b>11:30 AM - 12:30 PM</b>	<b>From Punishment to Healing: The Social Worker’s Role in Justice Reform</b> Speaker: Jasmine Lewis
<b>11:30 AM - 12:30 PM</b>	<b>Thrive Daily: Cultivating Calm Minds and Balanced Thinking with Meditation:</b> Speaker: Vonchell Lewis
<b>11:30 AM - 12:30 PM</b>	<b>Facing Professional Fears: A Multi-Systemic Approach to Countertransference in Mental Health Work</b> Speaker: Paula McMillan-Perez
<b>11:30 AM - 12:30 PM</b>	<b>Beyond The Title: Unmask ADHD</b> Speaker: Deshaywn Middleton
<b>11:30 AM - 12:30 PM</b>	<b>Beyond the Therapy Room: Evolving Into Leadership</b> Speaker: Keira Brown
<b>12:30 PM - 1:45 PM</b>	<b>Lunch</b> Location: Henderson Student Center (second floor)
<b>1:15 PM - 2:00 PM</b>	<b>MSWC Speaks during Lunch &amp; Learn</b> Location: Henderson Student Center (second floor) Speakers: Ja'Bree Harris, Shevonne Matthews, Alisha Lassiter
<b>1:15 PM - 1:35 PM</b>	<b>“The Power of the Pen: Why Documentation Still Runs the Room”</b>
<b>2:00 PM - 2:30 PM</b>	<b>Student Presentations</b>
<b>2:45 PM - 3:45 PM</b>	<b>Decolonising Social Work: Where Are We, and Where Do We Go Next?</b> Speaker: Samiat Oshodi
<b>2:45 PM - 3:45 PM</b>	<b>The Scope of Grief for Black men in America</b> Speaker: Miguel Williams
<b>2:45 PM - 3:45 PM</b>	<b>Invisible Report Cards: Racial Disparities in New Orleans Charter Schools Through the Eyes of an Educator-Turned-Social Worker</b> Speaker: Shania Nowlin, MSW, LMSW
<b>2:45 PM - 3:45 PM</b>	<b>Embracing Authenticity: Nontraditional Social Work in the Modern Era</b> Speaker: Brittany Griffin
<b>2:45 PM - 3:45 PM</b>	<b>Reimagining Healing Spaces: Private Practice Growth, Integrative Modalities, and the Future of Social Work</b> Speaker: Dontaè Roberts
<b>2:45 PM - 3:45 PM</b>	<b>Stories Without Borders: Storytelling, Reflection, and Safeguarding in a Shrinking Digital World</b> Speaker: Danielle Perrimon
<b>4:00 PM - 5:00 PM</b>	<b>The Importance of Mentorship and Sponsorship: Building a Pipeline of Latinx/e Social Workers</b> Speaker: Erica Sandoval*

4:00 PM - 5:00 PM	<b>Diversifying Your Income as a Social Worker: Strategies for Professional Growth and Sustainability</b> Speaker: Dr. Dominique Spigner
4:00 PM - 5:00 PM	<b>Shaping Inclusive Futures: Social Work at the Heart of Neurodiversity</b> Speaker: Dr. Vanessa Smith
4:00 PM - 5:00 PM	<b>Healing Beyond the Office: Bringing Holistic Wellness into Social Work Practice</b> Speaker: Chauweda Smith
4:00 PM - 5:00 PM	<b>No Longer Forgotten: Reimagining Systems of Care For Historially Forgotten Youth</b> Speaker: Casey Scott